

## PE Kit

From January 2025, there will be a change to PE at Greystones.

All pupils will come to school wearing their PE kit on their PE days. (Foundation Stage children already wear PE kit to school on PE days so there is no change for them).

We are making this change for a few reasons:

- Children will spend more time being active in their PE lessons and less time changing their clothes.
- Allocating and supervising spaces for older girls and boys to get changed separately is difficult
- Children will be less likely to misplace their belongings.

### What should my child wear to school on a PE day?

- A plain white t-shirt or white polo shirt 🧢
- Plain black/navy shorts or, during colder weather, plain black/navy leggings or plain black/navy jogging bottoms 🧢
- A pair of trainers 🧢
- Children with longer hair must have it tied back 🧢



*On PE days in colder weather, children should still wear their usual school hoodie or cardigan.*

Please note the following are not part of the PE uniform and should not be worn to school:

- Football kits **X**
- Cycling shorts/very short shorts **X**
- Visible logos or slogans **X**
- Jewelry (please leave all earrings at home on PE days) **X**
- Sweatshirts or jumpers which are not children's usual school tops **X**

### When are my child's two PE lessons each week?

*All children have PE twice a week* and so all children will come to school in PE kit twice a week.

Below you will find a table outlining which days each class has their PE lesson.

#### Key Stage 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dragonflies	Bumblebees Hedgehogs Foxes Caterpillars	Bumblebees Dragonflies Hedgehogs Owls	Foxes Caterpillars Owls	

## Key Stage 2

Monday	Tuesday	Wednesday	Thursday	Friday
Y3G Y3MS Y3KH Y4H Y4PH	Y4H Y4M Y5R	Y5K Y5R Y5S Y6S Y6DR Y6R	Y3G Y3MS Y3KH Y4M Y4PH Y5K Y5S	Y6S Y6DR Y6R

Please note there are two PE lessons for all children per week.

### **What if my child forgets to wear their PE kit on their PE day?**

Each class will have spare PE kit available. We know that it may take everyone a little bit of time to get used to this change and there will be a period of adjustment.

### **What should my child wear when it is not their PE day?**

On non-PE days, children should wear the same uniform as usual.